

EAP SUPPORT DURING COVID-19 CORONAVIRUS OUTBREAK

**SMG HEALTH'S EAP TEAM OF SENIOR
PSYCHOLOGISTS CAN ASSIST EMPLOYEES:**

- Feeling anxious or nervous about the spread of COVID-19
- Dealing with feelings of isolation or facing the prospect of quarantine
- Dealing with the uncertainty of the situation
- Understanding how to look after yourself and your family

Contact SMG Health for a free, confidential appointment with one of our professional and experienced counsellors.



1800 273 865



Through Your Gateway



<https://www.smghealth.com.au>