

# Manager Hotline

As a manager, you have access to free and confidential support regarding issues you may encounter in your role. These may include:

- Identifying / referring employees who are struggling with possible mental illness
- Assistance in managing difficult workplace behaviours
- Managing a team through change
- Having a difficult but necessary conversation
- Managing and prioritising your own wellness

An experienced SMG Health psychologist with management experience is available to help you work through your questions and provide high level support and guidance. To make an appointment, call or email:



**1800 273 865**



**areuok@smghealth.com.au**

Booking line &  
24 hour emergency support

[www.smghealth.com.au](http://www.smghealth.com.au)